

Remember What God Has Done

Introduction

As we have just wrapped up our study on Create in me a Clean Heart, it has become increasingly clear that the way to embrace a new heart (centre of thoughts and emotions) is to start by remembering what God has done. When the Israelites were headed toward the promised land, they had to face nations with huge, powerful and more experienced armies. When looking at the enormity of the armies coming towards them, it must have seemed trite when Moses said, "don't be afraid, just remember what God did to Pharaoh."

I imagine they were looking for a deep insightful revelation or a detailed battle plan, but the simple truth to winning battles and overcoming obstacles is that victory starts with what you are remembering. Too often we put our energy into remembering our failures and mistakes, but the practice of going back over the major victories in life and remembering the goodness of God, primes you to receive more. Relive the times God made a way, replay every victory. When you are constantly thinking about how He's protected you, vindicated you, and brought you out, you can't help but operate from a place of expectancy.

Getting Started

- Read Deuteronomy 7:17-18
- What are the two keys to victory that God provided the children of Israel in these verses?
- What did they have to let go of, and what did they need to embrace?

Let's Get Personal

- What are some of the thoughts and fears you have to let go of in your life in order to take possession of what God has for you?
- Have fear and anxiety about the unknown been weapons that the enemy has ever used against you? How have they limited your potential?
- What can you do to nullify the effects of fear and anxiety?

Take the next step

- Get your prayer journal or a sheet of paper and begin to write about the miracles of God in your life. Think about the big things that He has done. Do this for five days straight never repeating something you already wrote. Write as much as you can. I am willing to bet, that if you perform this action with intentionality, it will surprise you what the Lord has done.

